



SCIENTIFIC RESEARCH/ SCIENTIFIC STUDY

Title	Assessing life balance of European people with multiple sclerosis: a multicenter clinimetric study within the RIMS network
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Life balance Inventory (BLI) assesses the congruence between desired and actual time spent in relevant activities. LBI was translated and back-translated in different European subsamples (Flemish, Dutch, Spanish, Slovenian). Evaluation in people with MS samples provided limited support for test-retest reliability and construct validity of the LBI. To use LBI in (international) research, further research is warranted. However, LBI may be a useful tool in the goalsetting process of and with people with MS in clinical practice.

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Participating centres include: National MS Center, Melsbroek (B), MS Center, Overpelt (B), VU Amsterdam, Amsterdam (NL), University Hospital Ljubljana (SLO), MS Center, Barcelona (ES) and St Catherine University Minneapolis/Minnesota (USA).

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